

## NUT FREE POLICY

### Rational

The nut free policy is put into place because as a centre we take responsibility for the health and well being of our children, staff, families and visiting community.

No person should be placed in a situation and/or environment that may endanger their life, therefore it is Little Scholars Learning Centres role to notify and educate staff and parents about the dangers that peanuts and other nut products may inflict on those who may suffer from these products.

### Aim

To provide a safe and healthy environment for all children within our care, our centre will adopt a “nut free policy” in order to minimise the risk of a child with severe allergy having an anaphylactic reaction at the centre.

### Procedure

The “Nut Free Policy” applies to all children, families and staff attending Little Scholars Learning Centre immediately.

**NO NUT** products will be consumed or purchased for use within the centre. Please be aware that this includes, but is not limited to:

- Peanut butter on sandwiches or within snack foods.
- Nutella or nutella products
- Other obvious nut products including muesli bars or loose nuts.

**Please remember that even trace amounts of nut substances can be potentially life threatening for an allergic child.** We need to work together to ensure that our centre environment is a safe place for every child in attendance.

### Parent Responsibilities

You need to notify the Centre Manager if your child is at risk of an allergic or anaphylactic reaction either at the time of enrolment or as soon after a diagnosis is made. As with other health conditions, we will provide support to assist you in the management of your child’s health. For this support to be effective it is important that:

1. A partnership is established between parents and the centre to share information and clarify expectations.
2. All known allergies are recorded on the child’s enrolment form, with expected reactions.
3. An agreed emergency response plan is developed
4. Every effort is made to minimise the exposure of children at risk to an allergic reaction to known triggers within the school environment.
5. That parents, family and whanau do not introduce any nut products into the centre in the form of breakfasts, snacks or ‘party food’.
6. If your child is no longer considered allergic to a particular item, this needs to be communicated to the centre manager in writing, signed and dated before the item is taken off the allergy list.

### Centre Responsibilities

1. To display a list of all children with allergies clearly in each room, including enrolled days.
2. To ensure enrolment forms are up to date, and parents have been asked directly about allergies and reactions.
3. To train staff on the effects of allergies on children, and all staff are aware of allergies within their room and ensuring children with allergies are closely monitored during meal times.
4. To ensure nut products are not bought and used by the centre.

For further information about this policy please feel free to talk to the Centre Manager.